

OCTOBER LUNCH

HOLYOKE COMMUNITY CHARTER SCHOOL L2 - Lunch K-8

Monday	Tuesday	Wednesday	Thursday	Friday
September 27, 2021	September 28, 2021	September 29, 2021	September 30, 2021	October 1, 2021
				TURKEY & CHEESE SANDWICH Romaine Lettuce Mayonnaise Italian Dressing Wango Mango Juice Fresh Banana Choice of Milk
October 4, 2021	October 5, 2021	October 6, 2021	October 7, 2021	October 8, 2021
CHICKEN TENDERS ^ Corn Carrots BBQ Sauce Diced Pears Choice of Milk	GALAXY CHEESE PIZZA ^ Black Bean Salad Wango Mango Juice Diced Peaches Choice of Milk	BEEF TACO Corn Tortilla Chips ^ Salsa Cup Fresh Banana Choice of Milk	CORN DOG^ Potato Wedges Carrots Mustard Ketchup Fresh Apple Choice of Milk	CRISPY CHICKEN PATTY ^ Baked Beans WG Hamburger Bun BBQ Sauce Romaine Salad Ranch Dressing Pineapple Tidbits Choice of Milk
October 11, 2021	October 12, 2021	October 13, 2021	October 14, 2021	October 15, 2021
NO SCHOOL	GALAXY CHEESE PIZZA ^ Corn Salad Applesauce Choice of Milk	CHICKEN ALFREDO PASTA^ Mixed Vegetables Romaine Salad Italian Dressing Fresh Banana Choice of Milk	HOT DOG Tater Tots WG Hot Dog Bun Mustard Ketchup Fresh Pear Choice of Milk	BREADED CHICKEN NUGGETS^ Baked Beans Honey Mustard Baby Carrots Ranch Dressing Diced Peaches Choice of Milk
October 18, 2021	October 19, 2021	October 20, 2021	October 21, 2021	October 22, 2021
CHEESY PENNE BAKE^ Green Beans Mixed Fruit Choice of Milk	GALAXY CHEESE PIZZA ^ Black Bean Salad Salsa Cup Tortilla Chips ^ Diced Pears Choice of Milk	BBQ CHICKEN STRIPS Baked Beans WG Hamburger Bun Baby Carrots Ranch Dressing Pineapple Tidbits Choice of Milk	BREADED CHICKEN TENDERS^ French Fries BBQ Sauce Ketchup Fresh Apple Choice of Milk	CHEESEBURGER Corn WG Hamburger Bun Mustard Ketchup Romaine Salad Ranch Dressing Fresh Banana Choice of Milk
October 25, 2021	October 26, 2021	October 27, 2021	October 28, 2021	October 29, 2021
PIZZA DIPPERS ^ Marinara Sauce Mixed Vegetables Applesauce Choice of Milk	SPAGHETTI W/MEATBALLS^ Broccoli Diced Pears Choice of Milk	BBQ CHICKEN TATER TOT-CHOS Tortilla Chips ^ Baby Carrots Ranch Dressing Fresh Banana Choice of Milk	SLOPPY JOE Baked Beans WG Hamburger Bun Fresh Orange Choice of Milk	NO SCHOOL

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.

Find your school's menus online at: preferredmealsmenu.com

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HCC0612706

Holyoke Community Charter School

**Preferred Meal Systems
October 2021**

ITEM - Accessories



4		5		6		7		8	
FROSTED FLAKES^ Blueberry Muffin^ Applesauce Grape Juice	TR26110	APPLE CINNAMON CHEERIOS ^ Chocolate Muffin^ Peach Cup Orange Juice	TR26112	RICE KRISPIES ^ Graham Crackers ^ Mixed Fruit Cup Apple Juice	TR26113	FRUITY CHEERIOS ^ Banana Muffin ^ Pear Cup Orange Juice	TR26115	FROSTED FLAKES^ Blueberry Muffin^ Applesauce Grape Juice	TR26110
11		12		13		14		15	
		APPLE CINNAMON CHEERIOS ^ Chocolate Muffin^ Peach Cup Orange Juice	TR26112	RICE KRISPIES ^ Graham Crackers ^ Mixed Fruit Cup Apple Juice	TR26113	FRUITY CHEERIOS ^ Banana Muffin ^ Pear Cup Orange Juice	TR26115	FROSTED FLAKES^ Blueberry Muffin^ Applesauce Grape Juice	TR26110
18		19		20		21		22	
APPLE CINNAMON CHEERIOS ^ Chocolate Muffin^ Peach Cup Orange Juice	TR26112	RICE KRISPIES ^ Graham Crackers ^ Mixed Fruit Cup Apple Juice	TR26113	FRUITY CHEERIOS ^ Banana Muffin ^ Pear Cup Orange Juice	TR26115	FROSTED FLAKES^ Blueberry Muffin^ Applesauce Grape Juice	TR26110	APPLE CINNAMON CHEERIOS ^ Chocolate Muffin^ Peach Cup Orange Juice	TR26112
25		26		27		28		29	
RICE KRISPIES ^ Graham Crackers ^ Mixed Fruit Cup Apple Juice	TR26113	FRUITY CHEERIOS ^ Banana Muffin ^ Pear Cup Orange Juice	TR26115	FROSTED FLAKES^ Blueberry Muffin^ Applesauce Grape Juice	TR26110	APPLE CINNAMON CHEERIOS ^ Chocolate Muffin^ Peach Cup Orange Juice	TR26112		