

# BREAKFAST

## HOLYOKE COMMUNITY CHARTER SCHOOL NOVEMBER 2026

| MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | |
|---|---|---|---|---|---|---|---|---|---|
| **2** | | **3** | | **4** | | **5** | | **6** | |
| WG Blueberry Muffin | 1 each | Cereal (Variety) | 1 each | Apple Frudel | 1 each | Mixed Berry Animal Crackers | 1 each | WG Honey Bun | 1 each |
| Mozzarella Cheese Stick | 1 each | Goldfish Giant Grahams | 1 pkt | Mixed Fruit | 4.5 oz | Strawberry Yogurt | 4 oz | Fresh Banana | 1 each |
| Mandarin Oranges | 4.5 oz | Diced Pears | 4.5 oz | Fruit Punch Juice | 4.23 oz | Fresh Apple | 1 each | OJ/Tangerine Juice | 4.23 oz |
| Grape Juice | 4.23 oz | Apple Juice | 4.23 oz | Choice of Milk | 8 oz | Choice of Milk | 8 oz | Choice of Milk | 8 oz |
| Choice of Milk | 8 oz | Choice of Milk | 8 oz | | | | | | |
| **9** | | **10** | | **11** | | **12** | | **13** | |
| Cereal (Variety) | 1 each | WG Honey Bun | 1 each | | | WG Cinnamon Roll | 1 each | WG Blueberry Muffin | 1 each |
| Vanilla Yogurt | 4 oz | Pineapple Tidbits | 4.5 oz | | | Fresh Banana | 1 each | Mozzarella Cheese Stick | 1 each |
| Diced Peaches | 4.5 oz | Grape Juice | 4.23 oz | CLOSED | | Fruit Punch Juice | 4.23 oz | Mixed Fruit | 4.5 oz |
| OJ/Tangerine Juice | 4.23 oz | Choice of Milk | 8 oz | | | Choice of Milk | 8 oz | Grape Juice | 4.23 oz |
| Choice of Milk | 8 oz | | | | | | | Choice of Milk | 8 oz |
| **16** | | **17** | | **18** | | **19** | | **20** | |
| Apple Frudel | 1 each | Mixed Berry Animal Crackers | 1 each | Cereal (Variety) | 1 each | WG Honey Bun | 1 each | Cereal (Variety) | 1 each |
| Fresh Apple | 1 each | Strawberry Yogurt | 4 oz | WG Banana Muffin | 1 each | Diced Peaches | 4.5 oz | WG Chocolate Chip Muffin | 1 each |
| Grape Juice | 4.23 oz | Pineapple Tidbits | 4.5 oz | Diced Pears | 4.5 oz | Grape Juice | 4.23 oz | Fresh Banana | 1 each |
| Choice of Milk | 8 oz | Choice of Milk | 8 oz | Fruit Punch Juice | 4.23 oz | Choice of Milk | 8 oz | Apple Juice | 4.23 oz |
| | | | | Choice of Milk | 8 oz | | | Choice of Milk | 8 oz |
| **23** | | **24** | | **25** | | **26** | | **27** | |
| WG Honey Bun | 1 each | WG Blueberry Muffin | 1 each | WG Cinnamon Roll | 1 each | | | | |
| Mixed Fruit | 4.5 oz | Mozzarella Cheese Stick | 1 each | Fresh Banana | 1 each | | | | |
| Apple Juice | 4.23 oz | Diced Pears | 4.5 oz | OJ/Tangerine Juice | 4.23 oz | CLOSED | | CLOSED | |
| Choice of Milk | 8 oz | Fruit Punch Juice | 4.23 oz | Choice of Milk | 8 oz | | | | |
| | | Choice of Milk | 8 oz | | | | | | |
| **30** | | | | | | | | | |
| Cereal (Variety) | 1 each | | | | | | | | |
| Goldfish Giant Grahams | 1 pkt | | | | | | | | |
| Pineapple Tidbits | 4.5 oz | | | | | | | | |
| Grape Juice | 4.23 oz | | | | | | | | |
| Choice of Milk | 8 oz | | | | | | | | |

***This institution is an equal opportunity provider.***

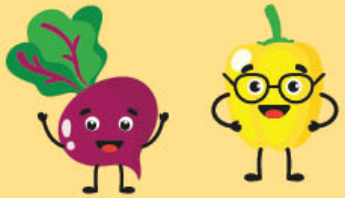
TRIO Community Meals

Nourishment through compassionate care.

Allergen Disclaimer: Meals prepared in this kitchen may contain or come into contact with tree nuts, sesame, peanuts, soy, eggs, milk, fish, crustacean shellfish, wheat, and gluten-containing products. Despite precautions, cross-contact may occur. We cannot guarantee meals are allergen-free.

# K-8 LUNCH

## HOLYOKE COMMUNITY CHARTER SCHOOL NOVEMBER 2026



| MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | |
|---|---|---|---|---|---|---|---|---|---|
| **2** | | **3** | | **4** | | **5** | | **6** | |
| WG Chicken Nuggets | 5 each | Domino's Cheese Pizza | 1 slice | Turkey Hot Dog | 1 each | Cheeseburger | 1 each | Cheesy Penne Bake | 1 cup |
| Sweet Potato Tots | 1/2 cup | Romaine Salad | 1.5 cups | Potato Wedges | 1/2 cup | Baked Beans | 1/2 cup | Diced Carrots | 1/2 cup |
| Green Beans | 1/2 cup | Fresh Baby Carrots | 1 bag | Mango Splash Juice | 4.23 oz | Mixed Vegetables | 1/2 cup | Green Peas | 1/2 cup |
| Diced Peaches | 4.5 oz | Pineapple Tidbits | 4.5 oz | WG Hot Dog Bun | 1 each | WG Hamburger Bun | 1 each | Fresh Apple | 1 each |
| Choice of Milk | 8 oz | Choice of Milk | 8 oz | Fresh Orange | 1 each | Fresh Banana | 1 each | Choice of Milk | 8 oz |
| BBQ Sauce | 1 each | Ranch Dressing | 1 each | Choice of Milk | 8 oz | Choice of Milk | 8 oz | | |
| | | | | Ketchup | 1 each | Mustard | 1 each | | |
| **9** | | **10** | | **11** | | **12** | | **13** | |
| Meatloaf | 1 each | Domino's Cheese Pizza | 1 slice | | | Turkey Sausage Patty | 2 each | Cheese Pizza Dippers | 2 each |
| Brown Gravy | 1 oz | Black Bean Salad | 1/2 cup | | | French Toast Sticks | 4 each | Marinara Sauce | 1/4 cup |
| Whipped Potatoes | 1/2 cup | Honey Ginger Carrots | 1/2 cup | | | Butternut Squash | 1/2 cup | Mixed Vegetables | 1/2 cup |
| Broccoli | 1/2 cup | Applesauce | 4.5 oz | CLOSED | | Fresh Apple | 1 each | Sun Splash Juice | 4.23 oz |
| WG Dinner Roll | 1 each | Choice of Milk | 8 oz | | | Choice of Milk | 8 oz | Fresh Orange | 1 each |
| Diced Pears | 4.5 oz | | | | | Syrup | 1 each | Choice of Milk | 8 oz |
| Choice of Milk | 8 oz | | | | | | | | |
| **16** | | **17** | | **18** | | **19** | | **20** | |
| Turkey Hot Dog | 1 each | Domino's Cheese Pizza | 1 slice | Salisbury Steak with Gravy | 1 each | Beef Taco Meat | 3 oz | Beef Marinara Sauce | 3/4 cup |
| Potato Smiles | 1/2 cup | Green Pea Salad | 1/2 cup | Brown Gravy | 1 oz | Shredded Cheese | 1/2 oz | WG Spaghetti | 1/2 cup |
| Sun Splash Juice | 4.23 oz | Carrot Raisin Salad | 1/2 cup | Mashed Potatoes | 1/2 cup | Whole Kernel Corn | 1/2 cup | Green Beans | 1/2 cup |
| WG Hot Dog Bun | 1 each | Diced Pears | 4.5 oz | Broccoli | 1/2 cup | Pinto Beans | 1/2 cup | Sun Splash Juice | 4.23 oz |
| Pineapple Tidbits | 4.5 oz | Choice of Milk | 8 oz | WG Dinner Roll | 1 each | WG Tortilla Chips | 1 bag | Fresh Apple | 1 each |
| Choice of Milk | 8 oz | | | Fresh Banana | 1 each | Fresh Orange | 1 each | Choice of Milk | 8 oz |
| | | | | Choice of Milk | 8 oz | Choice of Milk | 8 oz | | |
| | | | | | | Picante Sauce | 1 each | | |
| **23** | | **24** | | **Early Dismissal** | | **26** | | **27** | |
| Beef Rib Patty | 1 each | Domino's Cheese Pizza | 1 slice | Turkey & Cheese Sandwich | 1 each | | | | |
| Green Peas | 1/2 cup | Carrot Raisin Salad | 1/2 cup | Black Bean Salad | 1/2 cup | | | | |
| Crispy Cubed Potatoes | 1/2 cup | Green Bean Salad | 1/2 cup | Sun Splash Juice | 4.23 oz | CLOSED | | CLOSED | |
| WG Hamburger Bun | 1 each | Diced Peaches | 1/2 cup | Fresh Apple | 1 each | | | | |
| Tropical Fruit | 4.5 oz | Choice of Milk | 8 oz | Choice of Milk | 8 oz | | | | |
| Choice of Milk | 8 oz | | | | | | | | |
| **30** | | | | | | | | ***This institution is an equal opportunity provider.*** | |
| Turkey Sausage Patty | 2 each | | | | | | | | |
| WG Pancakes | 2 each | | | | | | | | |
| Diced Potatoes | 1/2 cup | | | | | | | | |
| Wango Mango Juice | 1 each | | | | | | | | |
| Diced Peaches | 4.5 oz | | | | | | | | |
| Choice of Milk | 8 oz | | | | | | | | |
| Syrup | 1 each | | | | | | | | |

## ITALY

**ITALY IS FAMOUS FOR PASTA...**

There are over 350 shapes! Spaghetti means "little strings" in Italian. Spaghetti and meatsauce is a classic dish just like spaghetti & meatballs - Italian herbs like basil and oregano create comforting flavors kids love. Meals are a cornerstone of Italian culture and are meant to be enjoyed slowly with family.

GLOBAL BITES
TASTING THE WORLD ONE BITE AT A TIME

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