

Holyoke Community Charter School

K-8 Breakfast Menu

September 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 Cereal (Variety) Graham Crackers Fresh Orange Grape Juice Choice of Milk	30 Bagel (Variety) Fresh Apple Choice of Milk Cream Cheese	31 Strawberry Yogurt Granola Fresh Pear Orange Juice Choice of Milk	1 Bagel (Variety) Fresh Orange Grape Juice Choice of Milk Cream Cheese	2 Apple Cinnamon Break Bar Corn Muffin Fresh Banana Apple Juice Choice of Milk
5 School Closed- Labor Day	6 Bagel (Variety) Fresh Pear Orange Juice Choice of Milk Cream Cheese	7 Cereal (Variety) Graham Crackers Fresh Apple Choice of Milk	8 Bagel (Variety) Fresh Orange Blended Fruit Juice Choice of Milk Cream Cheese	9 WG Honey Bun Fresh Banana Grape Juice Choice of Milk
12 Apple Cinnamon Break Bar WG Banana Muffin Fresh Apple Grape Juice Choice of Milk	13 Bagel (Variety) Fresh Orange Blended Fruit Juice Choice of Milk Cream Cheese	14 Cereal (Variety) Graham Crackers Fresh Pear Orange Juice Choice of Milk	15 Bagel (Variety) Fresh Banana Apple Juice Choice of Milk Cream Cheese	16 Strawberry Yogurt Granola Fresh Apple Choice of Milk
19 WG Honey Bun Fresh Orange Blended Fruit Juice Choice of Milk	20 Bagel (Variety) Fresh Pear Orange Juice Choice of Milk Cream Cheese	21 Vanilla Yogurt Granola Fresh Apple Choice of Milk	22 Bagel (Variety) Fresh Banana Apple Juice Choice of Milk Cream Cheese	23 Cereal (Variety) Graham Crackers Fresh Apple Choice of Milk Blended Fruit Juice
26 Strawberry Break Bar WG Apple Cinnamon Muffin Fresh Apple Orange Juice Choice of Milk	27 Bagel (Variety) Fresh Orange Grape Juice Choice of Milk Cream Cheese	28 Cereal (Variety) Graham Crackers Fresh Apple Choice of Milk	29 Bagel (Variety) Fresh Banana Blended Fruit Juice Choice of Milk Cream Cheese	30 Vanilla Yogurt Granola Fresh Pear Grape Juice Choice of Milk

Holyoke Community Charter School

K-8 Hot Lunch Menu

September 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	1	2
Beef Meatballs Marinara Sauce WG Penne Pasta Broccoli Cuts Fresh Apple Choice of Milk	Sausage & WG Pancakes Crispy Cubed Potatoes Cucumber Coins Fresh Orange Choice of Milk Syrup	Sloppy Joe on WG Bun French Fries Corn Salad Fresh Apple Choice of Milk Ketchup	BBQ Chicken Baby Carrots Green Beans WG Hamburger Bun Fresh Banana Choice of Milk	Diced Chicken Cuban Sauce Yellow Rice Black Beans Plantains Fresh Orange Choice of Milk
5	6	7	8	9
No School- Labor Day	Diced Chicken General Tso's Sauce Brown Rice Broccoli Cuts Cucumber Coins Ranch Dressing Diced Peaches Choice of Milk	Beef Taco Meat Pinto Beans Whole Kernel Corn Brown Rice WG Tortilla Chips Fresh Orange Choice of Milk	WG Chicken Nuggets Marinara Sauce with Parmesan Celery Sticks Ranch Dressing WG Dinner Roll Fresh Banana	Meatloaf Brown Gravy Whipped Potatoes Diced Carrots WG Dinner Roll Fresh Apple Choice of Milk
12	13	14	15	16
BBQ Chicken Diced Carrots Cucumber Coins WG Corn Muffin Mixed Fruit Choice of Milk	Cheeseburger on WG Bun Sweet Potatoes Baked Beans Fresh Pear Choice of Milk Ketchup	Mini WG Corn Dogs Fresh Baby Carrots Green Beans Fresh Apple Choice of Milk Mustard	Beef Meatballs Marinara Sauce WG Penne Pasta Broccoli Cuts Fresh Orange Choice of Milk	WG Popcorn Chicken Corn Salad Green Peas WG Dinner Roll Fresh Banana Choice of Milk BBQ Sauce
19	20	21	22	23
Mini WG Corn Dogs Fresh Baby Carrots Ranch Dressing Green Beans Fresh Apple Choice of Milk Mustard	Popcorn Chicken French Fries Fresh Broccoli Ranch Dressing Fresh Orange WG Breadstick Choice of Milk Ketchup	Salisbury Beef with Gravy Whipped Potatoes Cucumber Coins Ranch Dressing WG Dinner Roll Fresh Pear Choice of Milk	Diced Chicken Sweet & Sour Sauce Brown Confetti Rice Lima Beans Diced Carrots Fresh Orange Choice of Milk	Beef Meatballs Marinara Sauce Mixed Vegetables WG Hot Dog Bun Fresh Banana Choice of Milk
26	27	28	29	30
Turkey Hot Dog on WG Bun Fresh Baby Carrots Ranch Dressing Green Beans Fresh Orange Choice of Milk Ketchup Mustard	Beef Meatballs Korean BBQ Sauce Brown Rice Celery Sticks Ranch Dressing Broccoli Cuts Fresh Apple Choice of Milk	Diced Chicken Poultry Gravy Whipped Potatoes Honey Ginger Carrots WG Dinner Roll Fresh Pear Choice of Milk	Honey Lime Chicken Black Beans Whole Kernel Corn Brown Rice WG Tortilla Chips Fresh Orange Choice of Milk Salsa	WG Chicken Nuggets Sweet Potatoes Mixed Vegetables WG Dinner Roll Fresh Banana Choice of Milk BBQ Sauce Ketchup